



Solent Devils Vs Streatham RedHawks

Game Day Programme

Saturday 10th October

Face Off – 1700



A Word From The Coach

Good evening and welcome to the Gosport Ice Arena for tonight's game against the Streatham RedHawks.

It's our second home game of the season, and after a very unusual Start to the season that saw us on the road four times, it's good to be back in front of our home supporters. We've only had one home fixture so far, so hopefully tonight we'll see a busy arena and plenty of noise from the stands.

Our start to the season has been mixed, with some good results on the road against Swindon and Cardiff, followed by a disappointing defeat to Romford last weekend. There have been plenty of positives, though, particularly in how the new players have settled into the group. Ralfs Circenis and Danny Williams have both impressed in the early stages, while established players such as Aaron and Locky continue to deliver the performances we expect from them.

The emergence of our two-way players has also been encouraging. They're taking the opportunities that come their way, working hard and showing they can contribute at this level. Competition for places is important, and it's great to see these players pushing themselves and making the most of their chances.

Tonight, we face the reigning playoff champions, Streatham RedHawks, who have made a strong start to their campaign, although much of their early schedule has been in the Challenge Cup. As Solent aren't involved in that competition, we've played more league fixtures at this stage of the season. Regardless of games played, we know the challenge ahead. Streatham are a big, strong and experienced team with quality throughout their line-up, and we'll need to be ready to compete from the first puck drop.

We've had to be creative with our line combinations this week, with injuries and suspension affecting availability. That presents its own challenges, but the expectations and game plan remain the same. We need to be organised, committed and willing to work for each other. Playing at home, we want to give our supporters a performance they can get behind, and that starts with the effort and intensity we bring to the ice.

Tonight is also a special occasion for Jaye Herridge who makes his first senior appearance after coming through the ranks at Solent. His dad previously represented the senior Devils, which makes this an especially proud moment for the whole family. Opportunities like this are what our junior pathway is all about, and I'm sure everyone connected with the club will join me in congratulating him on reaching this milestone.

Finally, a warm welcome to the Streatham players, coaches, staff and supporters. To our own supporters, thank you for continuing to get behind us. We hope to see the arena busy tonight, and we need your support as we take on a difficult opponent. Your energy can make a real difference, so stay behind the team and help us make home ice count.

Bring the noise!

#TogetherStronger

Muzza #73



Bring the noise!

Muzza

#TogetherStronger



DCCTOWN
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Line up



DCC TOWN PLANNING

#	Player	Pos
2	Kristijonas Nekrosevicius	D
4	Kyle Goddard	D
5	Mark Pitts	F
6	Connor Hutchison	D
8	Danny Williams	F
9	Dan Lackey	D
10	Ryan Yeldon	D
16	Joshua Bundy	D
18	Harry Cloutman	D
22	Charlie Wedge	F
33	Ralfs Circenis	F
44	Calumn Perella-Fox	D
47	Martyn Grey	D
48	Tre Meachem	F
50	Rory Martin-Edwards	NM
51	Cameron Buckle	F
52	Jack Peacock	F
71	Ben Lock	D
73	Alex Murray	F
80	Oli Cackett	F
88	Josh Martin	F
92	Aaron Taylor	NM
96	Cain Russel	F



#	Player	Pos
9	Roman Cathcart	F
10	Mickey Power	F
13	James Warman	D
14	Ben Paynter	F
15	Ziggy Beesley	F
16	Jordan Gregory	D
19	Ethan Lane	F
35	Max Van Mullem	NM
36	Brett Shepherd	NM
46	Neil Liddiard	D
49	Ryan Watt	F
51	Jared Lane	F
57	Danny Ingoldsby	F
63	Joshua Ealey-Newman	F
65	Harvey Stead	D
73	Dylan Dix	D
75	Brenden Baird	D
81	Louis Colvin	D
91	Aidan Doughty	F
92	Alan Lack	F
94	J.J. Pitchley	F



Schedule

4.15 PM	DOORS OPEN
4.20 PM	WARM-UP
4.40 PM	END OF WARM UP ICE CUT
4.45 PM	WELCOME
4.55 PM	WELCOME THE TEAMS ONTO THE ICE PLAYER ANNOUNCEMENTS AND SPONSORS NATIONAL ANTHEM
5.00 PM	FACE OFF PERIOD 1 PERIOD 2 CHUCK A PUCK PERIOD 3 / OVERTIME 50/50 WINNER END OF GAME PRESENTATIONS – MAN OF THE MATCH, SHIRT OF THE BACK

GAME DAY NOTICES

Keep Aisles and Fire Exits Clear

Be vigilant during game play and keep your attention
on the puck during game play

Flash Photography is Prohibited

Abusive and discriminatory behaviour
will not be tolerated

Children must be supervised
when the games is in progress



League Table NIHL 1



Pos	Team	P	W	OTW	OTL	L	GF	GA	Pts	Home OA	Away OA	Max Pts
1	Chelmsford Chieftains	3	2	1	0	0	16	8	8	1-1-0-0	1-0-0-0	83
2	Slough Jets	2	2	0	0	0	19	5	6	1-0-0-0	1-0-0-0	84
3	Solent Devils	5	2	0	0	3	19	18	6	0-0-0-1	2-0-0-2	75
4	Swindon Wildcats	4	1	0	1	2	16	24	4	1-0-0-1	0-0-0-2	76
5	Invicta Dynamos	2	1	0	0	1	5	9	3	1-0-0-1	0-0-0-0	81
6	Romford Buccaneers	4	1	0	0	3	13	18	3	1-0-0-1	0-0-0-2	75
7	Streatham RedHawks	1	1	0	0	0	8	2	3	1-0-0-0	0-0-0-0	84
8	Cardiff Fire	3	1	0	0	2	10	22	3	0-0-0-1	1-0-0-1	78



P – Points, W – Won, OTW – Overtime Win, OTL – Overtime Loss, L – Loss, GF – Goals For, GA – Goals Against, Pts – Points, Home OA – Home Overall (W, OTW, OTL, L), Away OA – Away Overall, Max Pts – Max points the team can get this season





Britton Cup Group A

Pos	Team	P	W	OTW	OTL	L	GF	GA	Pts	Home OA	Away OA	Max Pts
1	Slough Jets	1	1	0	0	0	14	3	3	1-0-0-0	0-0-0-0	18
2	Streatham RedHawks	1	1	0	0	0	8	2	3	1-0-0-0	0-0-0-0	18
3	Swindon Wildcats 2	1	0	0	0	1	2	8	0	0-0-0-1	0-0-0-1	15
4	Cardiff Fire	1	0	0	0	1	3	14	0	0-0-0-1	0-0-0-1	15

P – Points
 W – Won
 OTW – Overtime Win
 OTL – Overtime Loss
 L – Loss
 GF – Goals For
 GA – Goals Against
 Pts – Points
 Home OA – Home Overall (W, OTW, OTL, L)
 Away OA – Away Overall
 Max Pts – Max points the team can get this season



Britton Cup Group B

Pos	Team	P	W	OTW	OTL	L	GF	GA	Pts	Home OA	Away OA	Max Pts
1	Chelmsford Chieftains	2	2	0	0	0	11	4	6	1-0-0-0	1-0-0-0	18
2	Invicta Dynamos	2	1	0	0	1	5	9	3	1-0-0-1	0-0-0-0	15
3	Romford Buccaneers	2	1	0	0	1	6	6	3	1-0-0-0	0-0-0-1	15
4	Solent Devils	2	0	0	0	2	5	8	0	0-0-0-0	0-0-0-2	12



Shirt Off His Back

Tonight's Shirt Off His Back will be
#71 Ben Lock!

For a chance to win his game worn shirt, purchase
tickets at the entrance

Tickets are £2 or 3 for £5

Draw will take place during the third period and
presented after the game



50/50 and Chuck-A-Puck

Get your tickets and pucks now! Available by the entrance.

Chuck-A-Puck will take place in between the Second and Third Periods and the 50/50 draw will be during a break of play in the third

50/50 tickets are £1 a strip or 3 for £2
Silver pucks are £1 and Gold are £2

Team	GP	W	OW	L	OL	GF	GA	PTS
Solent Devils	1	0	0	1	0	2	3	0

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Chiropractic is a primary health care profession focused on your health and wellbeing

The McTimoney Approach to Chiropractic

The McTimoney approach to chiropractic was developed by the late John McTimoney over 50 years ago and is taught only at the McTimoney College of Chiropractic in Abingdon, near Oxford. It is well known for being a precise, whole-body approach to chiropractic care.

The gentle nature of chiropractic the McTimoney way makes it suitable for people throughout their lifetime from babyhood to those in later life.

A package of chiropractic care may be used regularly to help maintain good posture, promote health and improve performance, no matter what it is you do, from a high-performance athlete to a senior member of the community enjoying a potter in the garden.

Patients undergoing chiropractic care often report benefits from:

- Ankle sprain (short term management)
- Cramp

- Elbow pain and tennis elbow (lateral epicondylitis) arising from associated musculoskeletal conditions of the back and neck, but not isolated occurrences
- Headache arising from the neck (cervicogenic)
- Inability to relax
- Joint pains
- Joint pains including hip and knee pain from osteoarthritis as an adjunct to core OA treatments and exercise
- Back Pain
- Generalised aches and pains
- Lumbago
- Mechanical neck pain (as opposed to neck pain following injury i.e. whiplash)
- Migraine prevention
- Minor sports injuries and tensions
- Muscle spasms
- Plantar fasciitis (short term management)
- Rotator cuff injuries, disease or disorders
- Sciatica
- Shoulder complaints (dysfunction, disorders and pain)
- Soft tissue disorders of the shoulder

Chiropractic care is covered by most medical insurance companies including PPP, HSA, Norwich Union, First Assist, Legal and General, CS Healthcare and Standard Life.

To find a McTimoney Chiropractor near you, go to [McTimoney Chiropractic Home \(mca-chiropractic.org\)](http://mca-chiropractic.org)

Latest Results

Sat 3rd Oct	Romford Buccaneers	5-3	Solent Devils	L/C
Sat 3rd Oct	Streatham RedHawks	8-2	Swindon Wildcats 2	L/C
Sat 3rd Oct	Slough Jets	6-3	Chelmsford Chieftains	CC
Sun 4th Oct	Invicta Dynamos	2-8	Chelmsford Chieftains	L/C
Sun 4th Oct	Swindon Wildcats 2	7-4	Romford Buccaneers	L

This Weekend

Sat 10th Oct	Solent Devils	vs	Streatham RedHawks	L	1700
Sat 10th Oct	Romford Buccaneers	vs	Chelmsford Chieftains	L/C	1715
Sat 10th Oct	Slough Jets	vs	Invicta Dynamos	L	1830
Sun 11th Oct	Invicta Dynamos	vs	Streatham RedHawks	CC	1745
Sun 11th Oct	Chelmsford Chieftains	vs	Romford Buccaneers	L/C	1800
Sun 11th Oct	Swindon Wildcats 2	vs	Cardiff Fire	L/C	1830

It's Not All About Us

A physical, clinical team, Streatham are setting themselves up to be a serious contender for all the trophies this season. Having shown their resilience in their first game of the season, coming back from 5-0 down to win the game 7-8, they will now be seeking to follow on from their opening league success against the Wildcats 2, looking to get their momentum going and setting the tone for the rest of their season.

Both Van Mullem and Shepherd are excellent shot stoppers, capable of ruining even the surest of chances the Devils may get tonight. With the support of Gregory and Liddiard in defence, getting to the shot will be hard won. Both players are strong in their zone, but also likely to form the first stage of any RedHawks counter-attack. That's not to say the RedHawks will look only to defence, as their attacking players are equally as strong, with Watt and Pitchley likely to be racking up their personal points again this season. With such an experienced team, tonight's game is going to be hard fought.



#	Player	Pos
9	Roman Cathcart	F
10	Mickey Power	F
13	James Warman	D
14	Ben Paynter	F
15	Ziggy Beesley	F
16	Jordan Gregory	D
19	Ethan Lane	F
35	Max Van Mullem	NM
36	Brett Shepherd	NM
46	Neil Liddiard	D
49	Ryan Watt	F
51	Jared Lane	F
57	Danny Ingoldsby	F
63	Joshua Ealey-Newman	F
65	Harvey Stead	D
73	Dylan Dix	D
75	Brenden Baird	D
81	Louis Colvin	D
91	Aidan Doughty	F
92	Alan Lack	F
94	J.J. Pitchley	F

Pos	Team	GP	W	OTW	L	OTL	GF	GA	Diff	PTS
7	Streatham RedHawks	1	1	0	0	0	8	2	6	3

Captains Corner

Good evening everyone, and welcome back to the rink for tonight's home game against the Streatham RedHawks!

It's great to be back on home ice after a couple of weekends on the road. A few weeks ago, we travelled to Cardiff and came away with three points after a strong performance against a very good Cardiff side. Unfortunately, the following weekend in Romford didn't go the way we wanted, as we came up short with a 5-3 loss.

The lads were disappointed with that result, as these are the games we need to be winning if we want to compete at the top end of the league. We know we're capable of putting in much better performances, and there were plenty of lessons to take away from that game. We've been working hard to address those areas through training and video analysis, breaking down where things went wrong and what we need to do better moving forward.

The lads are ready to get back to work this weekend, and we know tonight won't be an easy game against a strong Streatham side. We'll need to be switched on from the first puck drop, stick to our systems, and put in a strong 60-minute performance. We know what we need to do, and it's down to us to go out there and execute it.

It's always great to be back in front of our home fans, and we really appreciate the support you give us week in, week out. You play a massive part in what we do, and having you behind us gives the lads that extra push when we need it most.

So let's make some noise tonight, get behind the lads from the first puck drop, and hopefully get things back on track with a big performance. Enjoy the game!

#TogetherStronger

CPF #44



Make some noise!

#44 Calumn Perella-Fox

Tonight's Mascots

#22 Jet Founds

Under 10's

Position

Not Sure Yet

Favourite Devil

Aaron Taylor

Favourite NHL Player

Sergi Bobrovsky



#17 Archie Mayell

Under 10's

Position

Forward

Favourite Devil

Tre Meachem

Favourite NHL Player

Connor McDavid



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#	PLAYER	SHIRT SPONSOR
44	PERELLA-FOX	JAN & PAUL
48	MEACHEM	SPARWELD
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52	PEACOCK	RD PIPELINE SOLUTIONS
71	LOCK	REBECCA & CHRIS DAVIES
73	MURRAY	LEARNING FOR LIFE
80	CACKETT	KINGSFIELD ACADEMY
88	MARTIN	THE NORRIS FAMILY
92	TAYLOR	DR!P HOCKEY
96	RUSSEL	LOGAN & SOFIA

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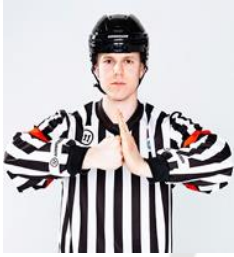
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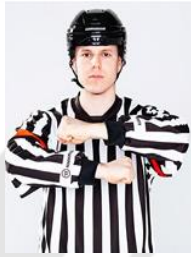
What the Ref Says



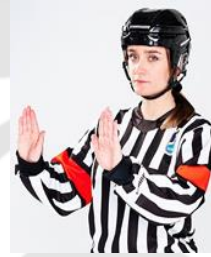
Penalty Shot
Both arms crossed over the head



Boarding
Striking the clenched fist of one hand into the open palm of the opposite hand in front of the chest



Charging
Rotating clenched fists around one another in front of the chest



Checking from Behind
A forward motion with both hands with the palms of the hand open and facing away from the body, fully extended from the chest at shoulder level



Clipping
Striking the leg with either hand behind the knee, keeping both skates on the ice



Elbowing
Tapping either elbow with the opposite hand



Illegal Check to the Head or Neck
Patting flat (open palm) of the non-whistle hand on this side of the head



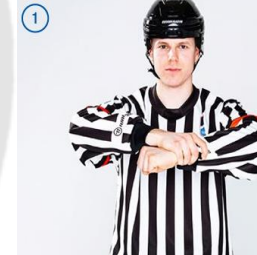
Kneeing
Slapping either knee with the palm of the hand, while keeping both skates on the ice



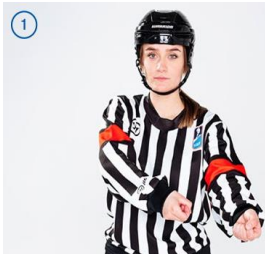
Roughing/Fighting
Fist clenched and arm extended out to the side of the body



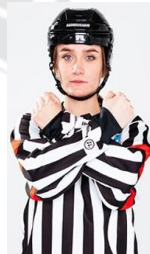
Holding
Clasping either wrist with the other hand in front of the chest



Holding a stick (Two Stage Signals)
Two Stage Signals involving the holding signal followed by a signal indicating you are holding onto a stick in the normal manner



Hooking (Two Stage Signals)
A tugging motion with both arms as if pulling something from in front toward the stomach



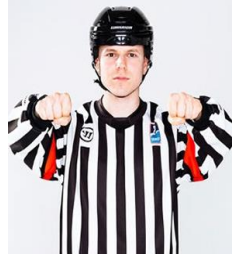
Interference
Crossing the arms stationary in front of the chest in an 'X'



Tripping
Striking the leg with either hand below the knee, keeping both skates on the ice



Butt-Ending
Moving the forearm, fist closed, under the forearm of the other hand held palm down



Cross Checking
A forward and backward motion of the arms with both fists clenched, extending from the chest for a distance of about one foot

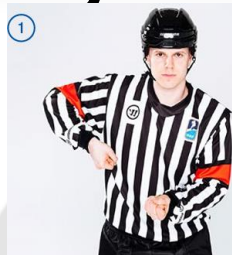
What the Ref Says



High-Sticking/High Sticking the Puck
Holding both fists clenched, one slightly above the other (as if holding a stick) at the height of the forehead



Slashing
A chopping motion with the edge of one hand across the opposite forearm



Spearing (Two Stage Signal)

Jabbing motion with both hands thrust out immediately in front of the body and then the hands dropped to the side of the body (essentially, the opposite of the hooking signal – away from the body rather than towards



Delaying the Game

A moving motion in which the flat hand slides up from the lower hand from the centre of the body



Diving/Embellishment/Unsportsmanlike Conduct
Both hands on hips, plus pointing two (2) fingers as appropriate



Too-Many Players on the Ice
Indicate with six (6) fingers, one hand open, in front of the chest



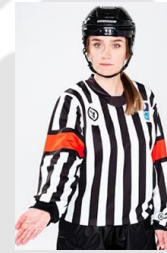
Face-Off Violation Warning

One arm bent with the open palm up – on the side of the team which conducted the face-off violation



Puck in the Net

A signal with the outstretched hand directed at the goal into which the puck has legally entered



Handpass

With the palm open and facing forward, a pushing motion towards the front of the body once or twice



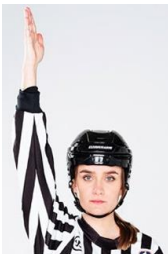
Icing Signalled

Back linesperson signals possible icing by fully extending either arm over their head. Remains raised until whistle is blown or icing is washed out



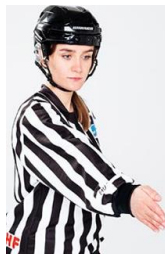
Icing Called

Once icing has been completed, the back linesperson will then point to the appropriate face-off and skate to it, turning backwards somewhere near the blue line and crossing their arms to indicate icing



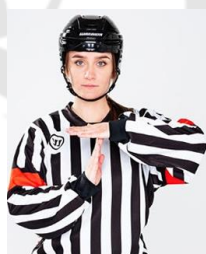
Off-Side Delayed

Non-whistle arm fully outstretched vertically upwards, with flat hand outstretched. To cancel out a delayed off-side, the linesman must lower the arm to the side



Off-Side Called

Stop play by blowing the whistle and then extend the arm horizontally pointing towards the blue line with the non-whistle hand



Time-Out

Using both hands in the form of a "T" in front of the chest



Wash-out Signal (Linesman)

A sweeping sideways motion. Extend both arms outward in an outstretched position at shoulder level, with palms down. Indicates no off-side/no icing etc.



Wash-out Signal (Referee)

A sweeping sideways motion. Extend both arms outward in an outstretched position at shoulder level, with palms down. Indicates no goal/no handpass/no high-sticking etc.